

Vagiwell[®] Dilators

Medical dilators for home use

Size	Color	Diameter A/B		Length C	
Size 1	light blue	12/14 mm	0.47/0.55 inch	122 mm	4.80 inch
Size 2	mint green	16/18 mm	0.63/0.71 inch	135 mm	5.31 inch
Size 3	purple	20/22 mm	0.79/0.87 inch	150 mm	5.91 inch
Size 4	pink	24/26 mm	0.94/1.02 inch	163 mm	6.42 inch
Size 5	beige	28/30 mm	1.10/1.18 inch	177 mm	6.97 inch
Special size					
Size 5 LS	white	33/36 mm	1.30/1.42 inch	181 mm	7.13 inch



Images displayed
in original size

CE
Medical device

Application

- 1 Insert the Vagiwell® Dilator into the vagina (starting with the smallest size).
- 2 Leave the dilator in the vagina for a few minutes, then gently push and pull the dilator without removing it completely from the vagina.
- 3 Repeat this exercise 5 times, after that continue moving the dilator in a rotary motion. Move the dilator 5 times to the right and 5 times to the left. These movements gently stretch the vaginal tissue.
- 4 Once you are able to insert one size comfortably, your vagina has stretched far enough for you to be able to use the next largest dilator. When you want to finish the stretching exercise, remove the dilator from the vagina, wash it and store it in the cotton bag.

Indications

- Dyspareunia
- Vaginismus
- scarring following surgical cuts to the perineum (episiotomy) or perineal tears
- after gynaecological operations
- during and after radiotherapy/chemotherapy
- after vaginal surgery involving tightening of the vagina and scarring
- vaginoplasty/neovagina
- narrowness of the vagina
- In skin diseases such as certain forms of lichen, e. g. lichen sclerosus, the special size 5 LS is indicated for daily use.

Stretching exercises with the Vagiwell® Dilators can also be useful in making gynaecological examinations or the insertion of tampons less painful.

Available sets:



Gr. 1 (light blue)
Gr. 2 (mint green)
Gr. 3 (purple)

Vagiwell® Dilators Small
Silicone dilators size 1–3:

Art. no.: Vagiwell S
EAN: 4013273001564



Gr. 3 (purple)
Gr. 4 (pink)
Gr. 5 (beige)

Vagiwell® Dilators Large
Silicone dilators size 3–5:

Art. no.: Vagiwell L
EAN: 4013273001571



Gr. 1 (light blue)
Gr. 2 (mint green)
Gr. 3 (purple)
Gr. 4 (pink)
Gr. 5 (beige)

Vagiwell® Dilators Premium
Silicone dilators size 1–5:

Art. no.: Vagiwell P
EAN: 4013273001557



Gr. 5 LS (white)

Special size:
Vagiwell® 5 LS
Art. no.: Vagiwell 5 LS
EAN: 4013273002165